

# Technical Evaluation Record v2 Dec19

<b>QUALIFICATION:</b>	Safe Manual Handling of Objects	<b>Qualification Code:</b>	0018-04			
		<b>Units:</b>	001			
<b>Assessor Name:</b>		<b>Technical Verifier Name:</b>				
<b>Assessor No:</b> <b>NEW? DOB:</b>		<b>Technical Verifier No:</b>				
<b>Assessor Email:</b>		<b>Start Time:</b>				
<b>Invoice To:</b> (Include Centre name if applicable)		<b>End Time:</b>				
<b>CRITERIA:</b> (See qualification guidance and notes overleaf for more information)		<b>PERFORMANCE EVALUATION (Circle):</b>			<b>JUSTIFICATION:</b>	
Current Legislation and Industry Best Practice		1	2	3	4	5
Explain function of and issues with (discs, muscles, ligaments, tendons, cartilage, vertebra,)		1	2	3	4	5
Knowledge of MSD, RSI, trapped nerves, referred pain		1	2	3	4	5
Principles of safe lifting (knowledge of MHOR & L23)		1	2	3	4	5
Knowledge of suitable PPE		1	2	3	4	5
Complete a Risk Assessment for a manual handling task		1	2	3	4	5
Understand consequences of noncompliance with H&S		1	2	3	4	5
Demonstrate suitable warm-up and cool-down exercises and reasons for exercising		1	2	3	4	5
Demonstrate safe manual handling techniques		1	2	3	4	5
Demonstrate safe team lifting		1	2	3	4	5
Demonstrate safe use of manual handling aids		1	2	3	4	5
Assessment techniques (new assessors only)		1	2	3	4	5
Standard setting (all assessors)		1	2	3	4	5
<b>PERFORMANCE EVALUATION COLUMN TOTALS:</b>						<b>= TOTAL SCORE:</b>
<b>Result of Technical Evaluation (tick):</b>	<b>MET</b>	<b>TOTAL SCORE REQUIRED TO ACHIEVE ASSESSOR STATUS:</b> <b>(NB. ACHIEVED IN PERFORMANCE EVALUATION COLUMNS 4 &amp; 5 ONLY)</b>				<b>48</b>
	<b>NOT MET</b>					
<b>TECHNICAL VERIFIER COMMENTS (ACTION PLAN):</b>						
<i>Please continue on reverse if necessary</i>						
<b>ASSESSOR COMMENTS:</b>						
<i>Please continue on reverse if necessary</i>						
<b>TECHNICAL VERIFIER SIGNATURE:</b>					<b>COST:</b> £200 Half Day £300 Full Day	<b>DATE:</b>
<b>ASSESSOR SIGNATURE:</b>						

## **TECHNICAL EVALUATION RECORD**

**0018-04** Level 2 Certificate of Competence in the Safe Manual Handling of Objects.

**Unit 001** Manual Handling of Objects

### **Knowledge of H&S regulations and industry best practice**

Key principles and practical relevance.

- Health and Safety at Work etc. Act 1974 (HASAWA)
- Management of Health and Safety at Work Regulations 1999 (MHSWR)
- Provision and Use of Work Equipment Regulations 1998 (PUWER)
- Personal Protective Equipment at Work Regulations 1992 (PPE regs)
- Control Of Substances Hazardous to Health Regulations (COSHH)
- The Health and Safety (First Aid) Regulations 1992
- Reporting of Injuries Diseases Dangerous Occurrence Regulations (RIDDOR)
- Manual Handling Operations Regulations 1992
- Employees duties with regard to manual handling and health and safety

### **Explain the functions and issues associated with the following**

- Discs
- Muscles
- Hernia
- Bones
- Ligament
- Tendon
- Nerves

### **Explain each of the following**

- Muscular Skeletal Disorders
- Upper limb disorders
- Repetitive Strain Injury
- Trapped nerves
- Referred pain

### **Explain the principles of safe lifting**

- Information given to cover the requirements of L23

### **Knowledge of suitable PPE required to perform a lifting task**

- Safety footwear
- Non snag clothing
- Gloves
- Head and/or eye protection
- Other as necessary

### **Carry out SSRA**

- Assessor to complete a Site-Specific Risk Assessment, using provided template.
- Hazards, risks and controls identified relative to site, task and equipment.

### **State the consequences of H&S non-compliance**

- Consequences of not complying with H&S in the workplace
- Consequences of not reporting faults in a timely manner

### **Demonstrate suitable warm up and cool down exercises**

- Four different exercises demonstrated
- Give reasons for exercising

### **Demonstrate safe manual handling techniques.**

#### **General considerations for all manual handling activities to be included**

- Planning and load correctly assessed
- Safe route
- Correct lifting techniques

#### **Loads to include**

- Balanced load
- Asymmetrical load
- Live load

#### **Lift and lower loads**

- Floor to table and return
- Table to shoulder and return
- Floor to shoulder and return

### **Demonstrate team lifting**

- Organisation of the lift
- Lifting a long or awkward load

### **Demonstrate use of lifting aids**

- Wheeled aids
- Non-wheeled aids

### **Assessment techniques**

- Clear and concise questions/instructions
- Question/instruction relative to unit.  
*(Please note: this section only needs to be completed by new assessors).*